



# The Birkman Basics Report

## Understanding Yourself and Others

“The reality of life is that your perceptions,  
right or wrong, influence everything else you do.  
When you get a proper perspective of your perceptions,  
you may be surprised how many other things fall into place.”

~ Roger W. Birkman, Ph.D.

---

**Saturday, October 26<sup>th</sup> 10:00 am – 4:00 pm**

**The Jung Center of Houston**

**5200 Montrose Boulevard, Houston, Texas**

\$145 (\$135 for Jung Center Members)

(Includes processing of The Birkman Method® Questionnaire)

Registration required by Friday, October 18<sup>th</sup>

\$45 fee for Questionnaire not refundable after registration

4.5 CEU Hours Provided

Registration: The Jung Center 713.524.8253 or [www.junghouston.org](http://www.junghouston.org)

---

**WE** ask ourselves, who am I vs. who do I think I am? What behaviors serve me? What are my default behaviors when stressed? How do I know I'm stressed? What am I really interested in? And, as though that's not enough, we ponder the same questions about the people in our lives.

**F**inding your way back to who you are, what you love, what you expect from others, how you behave under stress, and how you can get along with others is an important life skill. The Birkman® Basics Report is a practical assessment tool that describes in graphic and narrative formats your unique style and answers those important questions about yourself.

**A**t the workshop, participants will receive and use their individual Birkman Basics Reports and a Group Report comprised of all workshop participants.

**Suzan J. Cotellesse**, MS, LPC, LPC-S, is a psychotherapist, supervisor, trainer, and Senior Independent Birkman Consultant. In her private practice of 30+ years in Houston, Texas, she assists clients through personal and professional life choices, challenges, changes, and crises.

**For more information contact Suzan:**  
VM 713.524.0142 | [suzancotellesse1@gmail.com](mailto:suzancotellesse1@gmail.com) | [www.suzancotellesse.com](http://www.suzancotellesse.com)

